BuildLACCD

Building for Tomorrow's Leaders

Jacobs

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BuildLACCD News Bulletin

Why Wear a Face Covering?

The District requires the wearing of a face covering when on campus and the general contractor requires wearing a face covering when you are on their job site.

The Center for Disease Control (CDC) recommends that individuals wear masks or cloth face coverings over the nose and mouth areas while in public settings that might make it hard to practice social distancing.

Wearing a cloth face coverings can provide an extra layer of protection. Cloth face coverings can also prevent you from touching your face and can be a visual reminder to practice social distancing.

How to Wear a Face Covering?

The CDC recommends keeping the following in mind when wearing a cloth face covering:

- It should be snug but comfortable against the sides of the face.

- Secured with ties or ear loops.

- Made with multiple layers of material.

- It must allow you to breathe without restriction.

If the face covering needs adjusting, wash your hands thoroughly before and after you touch it.

If the face covering needs to be removed for a short period, fold it, so its outer surface goes inward and against itself. This will prevent the inner surface from coming in contact with the outer surface during storage. Place the face covering in a paper bag for disposal or store it in a plastic bag to hold until you are ready to wear again or wash it.

How to Keep a Face Covering Clean?

- Launder face coverings after every use. If you are unable to wash the face covering right away, store it in a plastic bag or laundry basket. Hand wash or wash on a gentle cycle using hot, soapy water. Then, dry the face covering on high heat. If damaged, or heavily soiled, it is best to throw it away. The face covering should be able to withstand machine washing and drying and not become damaged or change shape.

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